



# राष्ट्रीय प्रौद्योगिकी संस्थान गोवा NATIONAL INSTITUTE OF TECHNOLOGY GOA

फार्मागुडी , फोंडा गोवा - ४०३ ४०१, इंडिया  
Farmagudi, Ponda, Goa - 403 401, India

Ref. NITGoa/Admin/2020/04/155

14<sup>th</sup> March 2020

## Preventive measures for Corona virus (COVID19)

In order to ensure safety in the Institute and hostel premises against the coronavirus (COVID 19) and to avoid the possible spread of COVID-19, the Institute Students, Staff and Faculty Members are advised to follow the below mentioned a few precautionary measures.

1. Wash your hands frequently with an alcohol based hand rub or with soap.
2. Avoid physical contact while greeting and maintain social distancing.
3. Avoid gathering in groups or visits to crowded places
4. Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
5. Avoid touching of eyes, nose and mouth and Practice respiratory hygiene
6. Maintain at least 1 meter (3 feet) distance between yourself and anyone who is Coughing or sneezing
7. Throw used tissues in the bin immediately and wash your hands
8. If you have fever, cough and difficulty in breathing, seek medical care immediately.
9. Stay Informed and follow advice given by the Medical Practitioners time to time.
10. Faculty Members are informed to avoid or postpone their any official/ personal trips outside Goa or abroad.
11. Staff or Faculty who have travelled to any of the COVID-19 affected states in India or have come in contact with anyone from the affected places in last one month, are requested to report to the Medical Unit of the Institute immediately after returning to Goa.
12. Institute cleaning staff will ensure everyday cleaning of all "high-touch" surfaces especially desktops, tables, door knobs, switches phones, etc and ensure disinfection of office promise on daily basis.
13. Institute will also ensure to deploy dedicated cleaning staff for toilet cleaning at least three times a day. Necessary cleaning material/chemical etc should be provided to these staff.
14. Entry of outsiders (vendors/visitors) is strictly restricted/to be avoided in the Institute.
15. Daily posts and couriers shall be delivered in the Security Office. Dispatch section is advised to collect the posts and couriers from the Security Office.
16. The faculty/staff/students were advised to avoid gathering and partying in Institute premises

Registrar (I/C), NIT Goa

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